



Primary Health Centre- Khirasara

Vill: Khirasara, Ta. Lodhika, Dist : Rajkot

Ph.No.:- 02827-288292

E-mail - phckhirasara.health.rajkot@gmail.com

Date: 08-01-2026

CERTIFICATE

TO WHOM IT MAY CONCERN

This is to certify that total 100 students of 1st BHMS (2025-26) of Rajkot Homoeopathic Medical college, Parul university, had visited Khirasara Primary Health Center, on dated 08-01-2026 under the guidance of Department of Community Medicine.
Dr. Hasti Dekivadiya, Assistant Professor Dept. of Community Medicine, Dr. Jay Solanki, Asst. Professor Dept. of Anatomy, Dr. Parth Dave, Asst. Professor Dept. of Repertory accompanied and guided the students during visit.


8/1/26.
MEDICAL OFFICER,
PRIMARY HEALTH CENTRE
KHIRASARA, TA: LODHIKA



Parul®
University

NAAC
GRADE A++

DEPARTMENT OF COMMUNITY MEDICINE

To,
The Medical Officer
Khirasara Primary Health Centre
Gujarat.

Date- 02/01/26

Sub: To arrange an academic visit to Khirasara Primary Health Centre.

Respected sir,

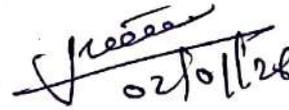
As per the curriculum by the National Commission for Homoeopathy (Government of India), it is mandatory to arrange an academic visit for the students of 1st BHMS (2025 – 2026) at any Primary Health Centre for their academic purposes. So, in this regard Department of Community medicine is seeking your permission to conduct an Academic visit to Khirasara primary Health Centre, Rajkot, Gujarat, at any convenient date to you, preferably in the month of January 2026. Our students are eagerly waiting to visit your esteemed Primary Health Centre at Rajkot.
Your kind co-operation is highly solicited.

Thanking you,
Yours sincerely,


Dr. Kalpesh Dalsaniya
I/C H.O.D

Department of Community Medicine.

HOD
Department of
Community Medicine

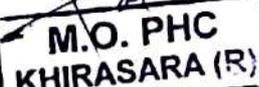

02/01/26

Prof (Dr) H.N. Mehta.
PRINCIPAL.

Rajkot Homoeopathic Medical College.

PRINCIPAL
RAJKOT HOMOEOPATHIC MEDICAL COLLEGE
RAJKOT.




M.O. PHC
KHIRASARA (R)

Visit can be arranged on 8.1.2026
during 11.00 to 12.00 Am.

Rajkot Homoeopathic Medical College
Faculty of Homoeopathy



A Report on visit to
PRIMARY HEALTH CENTER

On 8th January, 2026
At Khirsara, Rajkot 360021

ORGANISED BY,
DEPARTMENT OF COMMUNITY MEDICINE

GUIDED BY :

**DR. JAY SOLANKI , ASSISTANT
PROFESSOR (DEPT OF ANATOMY)**

**DR. PARTH DAVE , ASSISTANT
PROFESSOR (DEPT OF CASE TAKING
AND REPERTORY)**

**DR. HASTI DEKIVADIYA , ASSISTANT
PROFESSOR (DEPT OF COMMUNITY
MEDICINE)**

PREPARED BY :
ARTHAV BOSTAR
JAY ADHARYU
RAJ ANSARI
Roll no : 2,4,13

1ST BHMS (2025 -2026)

• **PLACE OF VISIT:**
PRIMARY HEALTH CENTRE,
Khirasara Rajkot-360021

• **DATE OF VISIT:** On 8th January , 2026

• **ABOUT VISIT :**

The PHC is situated in **Khirasara** village of Lodhika taluka, Rajkot district and it is **NABH** accricated.

• **OBJECTIVE OF VISIT :**

1. To provide comprehensive primary health care to community through The Primary Health Centres.
2. To Achieve and Maintain acceptable standards of Quality of Care.
3. To make the services more Responsive and Sensitive to the needs of the Community.





GPS Map Camera

Khirasra, Gujarat, India 
6mp2+gpg, Khirasra, Gujarat 360021, India
Lat 22.236291° Long 70.652056°
Thursday, 08/01/2026 10:56 AM GMT +05:30

Google



Khirasra, Gujarat, India 
6mq2+76l, Khirasra, Gujarat 360021, India
Lat 22.23771° Long 70.650617°
Thursday, 08/01/2026 10:57 AM GMT +05:30

Google



Gujarat, India 
Khirasra, Gujarat 360021, India
Lat 22.23771° Long 70.650645°
Thursday, 08/01/2026 10:57 AM GMT +05:30

GPS Map Camera



GPS Map Camera

Khirasra, Gujarat, India 
6mp2+gpg, Khirasra, Gujarat 360021, India
Lat 22.236379° Long 70.651938°
Thursday, 08/01/2026 11:01 AM GMT +05:30

Google

❖ INDIAN PUBLIC HEALTH STANDARDS FOR PHCS :

- The IPHS for primary health centres has been revised in 2012. Keeping in view the resources available with respect of functional requirements for PHC with minimum standard such as Building , Manpower, Instrument and equipment, drugs and other facilities etc. The standards prescribe dare for PHC covering 20000-30000 population with six beds. As all the block level PHC are ultimately going to be upgraded as CHC with 30 beds of providing specialised services.

❖ FUNCTIONS OF PHC:

1. Medical Care.
2. MCH including family planning.
3. Safe water supply and basic Sanitation.
4. Prevention and Control of locally Endemic Diseases.
5. Collection and reporting of Vital Statics.
6. Education about Health.
7. Natural Health Program- as relevant.
8. Referral Services.
9. Training of Health guides, Health workers, Health assistants.
10. Basic Laboratory Services.

નાગરિક અધિકાર પત્ર			
પ્રાથમિક આરોગ્ય કેન્દ્રમાં મળતી સેવાઓ			
અ.નં.	સેવાની વિગત	દિવસ	સમય
1	ઓ.પી.ડી. સેવા	દરરોજ પાંદેર રજા સિવાય	સિવામી. સવારે ૯:૦૦ થી ૧૩:૦૦ ઉત્તરો અને યોમતુ. ૮:૩૦ થી ૧૨:૩૦ સાંપે ૧૬:૦૦ થી ૧૮:૦૦
2	સેનોટરી સેવા	"	"
3	આયુષ સેવાઓ	"	સવારે ૯:૦૦ થી ૧૩:૦૦
4	ઇન્ડોર સેવા	દરરોજ	૨૪ કલાક
5	ડીલીવરી સેવા	"	"
6	તાત્કાલિક સાચ્યાર	"	"
7	સંદર્ભ સેવા માટે પાલન	"	"
8	મેડીકો-લિગલ ફેસ	"	"
9	ઉત્તર, મોટી અને તંદુરસ્તીનું પ્રમાણપત્ર	દરરોજ પાંદેર રજા સિવાય	સાંપે ૧૬:૦૦ થી ૧૮:૦૦
10	સમતા દિવસ (રસીકરણ દિવસ, સગર્ભા અને ધ્યાનકોની તપાસ અને સાચ્યાર)	દર સોમવારે	સવારે ૯:૦૦ થી ૧૬:૦૦
11	પુરુષ, સ્ત્રી નસલ્લી, એમ.ટી.પી., કાઇડ્રોસીટલા ઓપરેશન	દર સુક્રવારે	ખમકુવરના હોસ્પિટલ, ઘણોટ
12	તમામ રાષ્ટ્રીય અને રાજ્ય સરકારના કાર્યક્રમોને લગતી સેવાઓ	દરરોજ પાંદેર રજા સિવાય	સવારે ૯:૦૦ થી ૧૩:૦૦ સાંપે ૧૬:૦૦ થી ૧૮:૦૦



❖ **DRESSING ROOM**

- Dressing of injuries caused by road accidents, clean cut injuries is carried out.
- Post surgical dressings are also done.
- Before dressing cleaning of wound is carried out.
- According to the requirement of case tetanus injection, pain killers, antiseptic, antibiotic and local anaesthesia is given.
- Dressing material like cotton, spirit, tincture iodine, antiseptic, bandage, rolled bandage, plaster, surgical pads, absorbent gauze, etc. are used.
- Biochemical waste collection bins are also present to properly dispose the waste material produced due to dressing.

❖ **OPD**

- There are 2 medical officer present in out door patient department:
 1. MBBS Doctor
 2. AYUSH Medical officer
- OPD timings are depended on seasons:
 1. Winter: 9:00 a.m.to 1:00 p.m.
 2. Summer and Monsoon: 8:30 a.m.to 12:30 p.m.
 3. Evening:4:00 p.m.to 6:00 p.m.
- OPD is open daily except national holiday.

❖ **PHARMACY**

- Medicines and injections are dispensed as per prescribed by Medical officer.

❖ IPD FEMALE WARD

- There are 3 beds out which one was reserved for emergency.
- There was a bed confined for post-natal care where child and mother can stay after the delivery of child for 1-2 days.
- Here, method of breast feeding is also taught to mothers.
- Kangaroo Mother care is a special method of care of low birth weight babies.
- Kangaroo Mother Care consists of keeping the baby in close skin-to-skin contact with his/her mother as practiced by female kangaroo animal for their babies.
- Such Kangaroo Mother Care Chair is also placed for Mothers who need to take care of their babies accordingly.

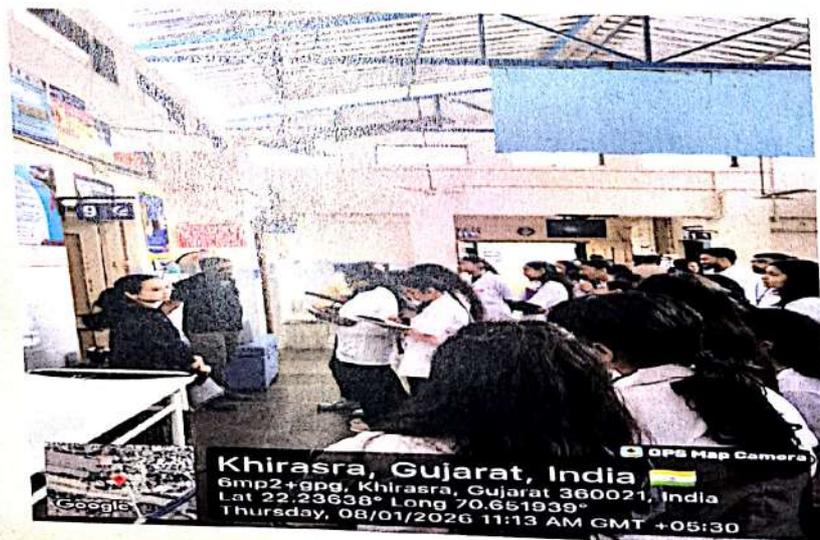


LABORATORY ROOM

- Tests are carried out during the OPD timings.
- Various tests are carried out in laboratory.
- Tests like:
 - ✓ Blood report
 - ✓ Glucose test: FBS, HbA1C, PPBS, RBS
 - ✓ Pregnancy test
 - ✓ Urine routine and micro
 - ✓ Covid antigen test
 - ✓ CRP
 - ✓ LFT

❖ BIOMEDICAL WASTE

- Biomedical waste or hospital waste is any kind of waste containing infectious (or potentially infectious) materials.
- It may also include waste associated with the generation of biomedical waste that visually appears to be of medical or laboratory origin.



Rajkot Homoeopathic Medical College, Rajkot, Parul University

Sub.: Signaturesheet of 1st BHMS (2025-26 Batch)

Date: 8/1/2026

No	Name	Signature	Remark
1	ACHHADA JIYA VISHNUBHAI		
2	ADHVARYU JAY CHETANBHAI		
3	AGHERA DIYA VIJAYBHAI		
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PHE Visit

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